

# **Aspley, Bilborough and Leen Valley Area Committee**

## **BACHS Primary Care Network**

### **Introduction**

Primary Care Networks (PCNs) were formally established in July 2019 as part of the Integrated Care System developments in the NHS Long Term Plan. These plans encourage organisations in each health and care system to join forces to work more closely together, with the aim of improving the health of the population they serve (known as neighbourhoods). The plan is to offer well-coordinated and efficient services to those who need them. Currently, PCNs are focussed around groups of General Practices in a network area starting to work together with the aim of expanding the network to include community services, along with social care and other providers as well as patient groups over time.

There are 8 PCNs in the City of Nottingham. The Aspley, Bilborough and Leen Valley area is served in the main by PCN3, known as BACHS PCN. It is headed by Clinical Director Dr Jonathan Harte and has membership from 10 Medical Practices in the area. The population of BACHS PCN is approximately 60,000 citizens, based on the registered list sizes of the member practices.

### **Health Needs**

Our neighbourhood has a wide variety of health and non-health needs, all of which have an adverse effect on their quality of life. The main aim of the Integrated Care System in Nottingham and Nottinghamshire is to improve the healthy life expectancy of its population and this is particularly relevant to the citizens of Aspley, Bilborough and Leen Valley. Some of the key health issues in our neighbourhood are:

#### **Lifestyle issues**

- Smoking
- Obesity (in adults and children)
- Alcohol and cannabis abuse

#### **Chronic Disease**

- Respiratory Disease (Chronic Obstructive Pulmonary Disease and Asthma)
- Cardiovascular Disease
- Cancer
- Musculoskeletal disorders
- Mild to moderate Mental Health issues (non-psychosis)

#### **Reduced Life Expectancy**

Both men and women not only live significantly shorter lives than the England and Wales average, but also experience shorter healthy lives:

- Men: 76 v 79 years' total life expectancy, with a healthy life expectancy of 55 v 63 years.
- Women: 81 v 83 years' total life expectancy, with a healthy life expectancy of 57 v 65 years.

### Uptake of Immunisations

- Childhood Vaccinations update is less than 90%.

These are a brief snapshot of some the key challenges faced by health and care teams in our neighbourhood. Other issues mentioned by colleagues, including a prevalence of low birthweight babies, frail elderly residents and a perceived frequency of safeguarding issues in both children and adults.

### Actions Needed

BACHS PCN wishes to focus on these areas, as well as others, and will need help and support from partners in the area. To successfully make a difference we need to work together to address both the medical health issues and wider non-medical determinants of ill health.

### Our Priorities

1. Smoking Cessation support services. We need more of these, ideally placed on the locality.
2. Promotion of Lifestyle interventions, including increasing uptake of NHS screening programmes.
3. Support resilient and sustainable General Practice in the neighbourhood, without which the potential for health improvement is extremely limited.
4. Consider ways to improve access to care for local citizens. We are working up a proposal for an urgent care centre type service in the neighbourhood to support improvements in same day access to primary care services, aiming to reduce attendance at the Hospital Emergency Department. Increasing local capacity will then also have a positive effect on local practices capacity and resilience.

### How can the Area Committee help?

1. By starting a dialogue with local health services to forge links and help understanding of the local challenges.
2. Through agreement of the priorities and offering support/advice on implementation over the coming months/years.
3. Any other help that the committee feels it can provide.

Map of BACHS PCN area: Member Practices are in Green

